

## **A Message from the American Legion Auxiliary Girls Nation Nurse**

As we prepare for this exciting week, health and safety are top priorities. I will be available during the week to address any health care needs or concerns that may arise.

To ensure we can meet any pre-existing considerations, please be sure to provide allergy information, diet restrictions, medication regimens, or health concerns during online registration.

In accordance with regulations which govern activities such as American Legion Auxiliary Girls Nation, the following policies will apply to all attendees:

- Please bring enough of any specialized health care items you will need for the week. This includes prescription medications, monitoring equipment, and medical supplies.
- All medications, both prescription and non-prescription, should be in their original containers and clearly labeled with your name, the medication name, dose, and frequency.
- Prescription medications will be stored in a secure location and dispensed to you daily. The exception includes medications such as epi-pens, inhalers, and glucagon, for example. For those medications, we can plan for you to keep these with you at all times.
- A refrigerator will be available in the nurse's office which will be dedicated to medications that require refrigeration.
- A designated time/location will be announced for you to pick-up your medications each day. Please bring a pill box that can be replenished with a day's worth of your medications.

If you have any questions or concerns, please let us know.

We look forward to meeting you soon.