

The logo for the American Legion Auxiliary Girls Nation. It features the words "AMERICAN LEGION" in blue, with a stylized American flag graphic to the left of "AMERICAN". Below this, "AUXILIARY" is written in red, and "GIRLS NATION" is written in blue at the bottom.

# AMERICAN LEGION AUXILIARY GIRLS NATION

## **A Message from the Nurses...**

As we prepare for this exciting week, health and safety are top priorities. We will be available during the week to address any health care needs or concerns that may arise. To ensure we can meet any pre-existing considerations, please be sure to provide allergy information, diet restrictions, medication regimens, or health concerns during online registration.

In accordance with regulations which govern activities such as American Legion Auxiliary Girls Nation, the following policies will apply to all attendees:

1. Please bring enough of any specialized health care items you will need for the week. This includes prescription medications, monitoring equipment, and medical supplies. A refrigerator will be available in the nurse's office, dedicated to medications requiring refrigeration.
2. All medications, both prescription and non-prescription, should be in their original containers and clearly labeled with your name, the medication name, dose, and frequency.
3. You are responsible for taking medication according to the instruction/plan provided by your healthcare provider. You may keep medications with you, or you can make arrangements with the nurse to handle dispensing them to you.
4. Medications such as epi-pens, inhalers, and glucagon should be kept with you at all times. There will be a nurse available at all programming events with basic over-the-counter medications should you need those.
5. If you would like to store any prescription medications in a secure location, the nurse can dispense those to you as needed. In that instance, a designated time/location will be arranged with the nurse for you to pick up your medications each day.

If you have any medical questions or concerns, you can email the nurses at [alagnurse@alaforveterans.org](mailto:alagnurse@alaforveterans.org). We look forward to meeting you soon.